

Long Track Silver Skates

Saturday Jan. 6, 2024

Morning Schedule

10am All skaters should arrive
 10:20 Warm-up group 1
 10:30 Warm-up group 2
 10:40 Warm-up group 3
 10:55 Flood and Officials meeting

Distances:

- Group 1 (Generally, Fund, L2T, Special O) Mass Start: 100
- Group 2 (Generally Youth and Neo Junior): 300m MS, 500m OS race - all on the line)
- Group 3 (Junior, and Senior) Olympic Style: 500m, 1500m (one race - all on the line)

event	Group	distance	# SKATERS	# of races	# per race + advance	TIME/RACE	Duration	time/ race
1	1	100mH	14	3.00	5,5,4 (2+0)	12:02:00 AM	12:06:00 AM	02:00
Add pucks for OS				1.00		12:10:00 AM	12:10:00 AM	10:00
2	2	500mOS	14	7.00	(preplanned)	12:02:30 AM	12:17:30 AM	02:30
3	3	500mOS	8	4.00	(preplanned)	12:02:30 AM	12:10:00 AM	02:30
Remove pucks from Straight				1.00		12:05:00 AM	12:05:00 AM	05:00
4	1	100mF	14	3.00	6,6,2	12:03:00 AM	12:09:00 AM	03:00
Break - remove pucks for MS				1.00		12:30:00 AM	12:30:00 AM	30:00
5	1	300mH	14	3.00	5,5,4 (2+0)	12:03:30 AM	12:10:30 AM	03:30
6	2	300m	14	3.00	5,5,4 (preplanned)	12:03:00 AM	12:09:00 AM	03:00
Add pucks for OS				1.00		12:10:00 AM	12:10:00 AM	10:00
7	3	1500mOS	8	4.00	(preplanned)	12:04:30 AM	12:18:00 AM	04:30
8	1	300mF	14	3.00	6,6,2	12:03:30 AM	12:10:30 AM	03:30
Lunch Break (Flood)				1.00		12:45:00 AM	12:45:00 AM	45:00
9	2	1500mSF	14	2.00	10, 4 (preplanned)	12:05:00 AM	12:10:00 AM	05:00
10	1	500mSF	14	2.00	7,7 (superfinal)	12:03:30 AM	12:07:00 AM	03:30
11	3	10 lap ISU ms	8	1.00	(preplanned) - Jr style mass start	12:07:00 AM	12:07:00 AM	07:00

12	1	Silver Shoe
13	2	Silver Shoe
14	3	Silver Shoe
		Awards

14	1.00	100m running race	12:05:00 AM	12:05:00 AM	05:00
14	1.00	100m running race	12:02:00 AM	12:02:00 AM	02:00
8	1.00	100m running race	12:02:00 AM	12:02:00 AM	02:00
		Upstairs			

0m , 300m, 500m,
 00m OS, 1500m MS(one

0m, 10 lap ISU mass start

total time	<u>Start time</u>	<u>End Time</u>	<u>Hard starts</u>
06:00	11:30:00 AM	11:36:00 AM	11:30
10:00	11:36:00 AM	11:46:00 AM	
17:30	11:46:00 AM	12:03:30 PM	
10:00	12:03:30 PM	12:13:30 PM	
05:00	12:13:30 PM	12:18:30 PM	
09:00	12:18:30 PM	12:27:30 PM	
30:00	12:27:30 PM	12:57:30 PM	
10:30	12:57:30 PM	1:08:00 PM	12:57
09:00	1:08:00 PM	1:17:00 PM	
10:00	1:17:00 PM	1:27:00 PM	
18:00	1:27:00 PM	1:45:00 PM	
10:30	1:45:00 PM	1:55:30 PM	
45:00	1:55:30 PM	2:40:30 PM	
10:00	2:40:30 PM	2:50:30 PM	2:40
07:00	2:50:30 PM	2:57:30 PM	
07:00	2:57:30 PM	3:04:30 PM	

05:00
02:00
02:00

3:04:30 PM
3:09:30 PM
3:11:30 PM

3:09:30 PM
3:11:30 PM
3:13:30 PM

3:20

Group	First Name	Last Name	Email	Sex	Membership
3	Jakob	Dainard	czurak@mymts.net	Male	300945
3	Randy	Plett	info@redriverspeed.com	Male	211629
3	Kai	Peacock	carabrown@shaw.ca	Male	302581
3	Olivia	Krawchuk	ckrawchuk88@shaw.ca	Female	300495
3	Adrian	Lanoie	tammy_mckenzie@hotmail.com	Male	300472
3	Alex	Yaschyshyn	donna-bell@mts.net	Male	208691
3	Keegan	Dyke	mcllbookkeeping@outlook.com	Male	206240
3	William	Cheng	chengtao21@gmail.com	Male	208694
2	Justin	Cheng	chengtao21@gmail.com	Male	208693
2	Yule	WANG	chrisyang9859@outlook.com	Male	209516
2	Katharine	Flemington	colinker05@gmail.com	Female	209679
2	Everett	Saydak	patrickssaydak@gmail.com	Male	300408
2	Kaylee	Siemens	michelleandtony@live.ca	Female	307804
2	Violet	Baschuk	cbaschuk@mymts.net	Female	311210
2	Hudson	O'Neill	honeill@live.ca	Male	303428
2	Declan	Young	aandr.young@gmail.com	Male	300305
2	William	Larouche	larouche_7iles@hotmail.com	Male	303098
2	Greysen	Siemens	michelleandtony@live.ca	Male	304713
2	Amara	Thrift	ericdthrift@gmail.com	Female	209421
2	Klara	Kuss	sabine.kuss@umanitoba.ca	Female	307836
2	Mackenna	Reimer	justin_corrine@hotmail.com	Female	303291
2	Zoe	Forbes	ila739@gmail.com	Female	206239
1	Eleanor	Hennessey	kerr.charlene@gmail.com	Female	303432
1	Nicholas	Tetrault	cassandratetrault@gmail.com	None	321409
1	Nolan	Gillis	kristinembleton@yahoo.ca	Male	304711
1	Hugo	Larouche	larouche_7iles@hotmail.com	Male	212036
1	Sasha	Dupuis	smileyworms@gmail.com	Male	312616
1	Sloane	McKinnon	sara.mckinnon09@gmail.com	Female	311468
1	Dylan	Gee	amylynngee@gmail.com	Male	308697
1	Sophie	Rochon	laurenstearns@gmail.com	Female	209302
1	Carter	Pickerl	awpickerl@gmail.com	Male	300803
1	Ayden	Glennie	craigaglennie@gmail.com	None	312059
1	Leonas	Kuss	sabine.kuss@umanitoba.ca	Male	307837
1	Jillian	Wiebe	stvw93@gmail.com	Female	319904
1	Kalia	Tetrault	cassandratetrault@gmail.com	Female	300872
1	Casey	O'Neill	honeill@live.ca	Male	317455

Affiliates	Age	Rank	Distances
Interlake Speed Skating Club	17	42	500mOS, 1500mOS, 10lapISU mass start
Eastman Speed Skating Club	61	42.7	
Winnipeg Central Speed Skating Club	15	42.89	
Interlake Speed Skating Club	15	44	
Westman Speed Skating Club	16	46	
Winnipeg Central Speed Skating Club	15	49.85	
Shilo Speed Skating Club, Westman Speed	15	51.45	
Eastman Speed Skating Club	15	52.7	
Eastman Speed Skating Club	12	1	300ms, 500mOS, 1500ms
Eastman Speed Skating Club	13	2	
Winnipeg Speed Skating Club	13	3	
Eastman Speed Skating Club	12	4	
Eastman Speed Skating Club	14	5	
Interlake Speed Skating Club	12	6	
Central Speed Skating Club	11	7	
Eastman Speed Skating Club	11	8	
Eastman Speed Skating Club	11	9	
Eastman Speed Skating Club	12	10	
Winnipeg Speed Skating Club	11	1	These four skaters need to be run together for all races
Winnipeg Central Speed Skating Club	11	4	This is a qualifying skate off for Nationals
Eastman Speed Skating Club	11	2	Seeded off 500m time from LT camp
Westman Speed Skating Club	11	3	
Winnipeg Speed Skating Club	10		100ms, 300ms, 500ms
Eastman Speed Skating Club	10		Seeded off 400m short track times
Interlake Speed Skating Club	9		
Eastman Speed Skating Club	9		
Shilo Speed Skating Club, Westman Speed	9		
Winnipeg Central Speed Skating Club	9		
Winnipeg Central Speed Skating Club	8		
Winnipeg Speed Skating Club	8		
Interlake Speed Skating Club	8		
Winnipeg Central Speed Skating Club	8		
Winnipeg Central Speed Skating Club	7		
Central Speed Skating Club	7		
Eastman Speed Skating Club	7		
Central Speed Skating Club	6		

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