

Short Track Provincials

Warm-up Time

| group | # skaters | Track | 9:00 | Matts on then flood |
|---------------------------|-----------|-------|-------|------------------------------|
| Fund | 12 | 100 | 9:45 | Warm-up Fund |
| L2T | 8 | 100 | 9:55 | Warm-up LT2 |
| Youth F | 7 | 100 | 10:05 | Warm-up Youth (both genders) |
| Youth M | 7 | 100 | | |
| Jnr | 7 | 111 | 10:20 | Warm-up Jnr |
| Coaches/Officials meeting | | | 10:35 | Flood for races |

| Start Time | event | Group | distance | TRACK | # SKATERS | max | # of |
|------------------------|-------|--------|----------|-------|-----------|---------|------|
| | | | | | | SKATERS | |
| 11:00am | 1 | JNR | 500mH | 111 | 7 | 4 | 2.00 |
| | 2 | YouthM | 400mH | 100 | 7 | 5 | 2.00 |
| | 3 | YouthF | 400mH | 100 | 7 | 5 | 2.00 |
| | 4 | L2T | 400mH | 100 | 8 | 5 | 2.00 |
| | 5 | FUND | 400mH | 100 | 12 | 6 | 2.00 |
| TRACK FLOOD (30) | | | | | | | 1.00 |
| 11:55am | 1 | JNR | 500mF | 111 | 7 | 4 | 2.00 |
| | 2 | YouthM | 400mF | 100 | 7 | 5 | 2.00 |
| | 3 | YouthF | 400mF | 100 | 7 | 5 | 2.00 |
| | 4 | L2T | 400mF | 100 | 8 | 5 | 2.00 |
| | 5 | FUND | 400mF | 100 | 12 | 6 | 2.00 |
| TRACK FLOOD/lunch (45) | | | | | | | 1.00 |
| 1:05pm | 1 | JNR | 1000mH | 111 | 7 | 5 | 2.00 |
| | 2 | YouthM | 800mH | 100 | 7 | 6 | 2.00 |
| | 3 | YouthF | 800mH | 100 | 7 | 6 | 2.00 |
| | 4 | L2T | 200mH | 100 | 8 | 5 | 2.00 |
| | 5 | FUND | 200mH | 100 | 12 | 6 | 2.00 |
| TRACK FLOOD (30) | | | | | | | 1.00 |
| 2:04pm | 1 | JNR | 1000mF | 111 | 7 | 5 | 2.00 |
| | 2 | YouthM | 800mF | 100 | 7 | 6 | 2.00 |
| | 3 | YouthF | 800mF | 100 | 7 | 6 | 2.00 |
| | 4 | L2T | 200mF | 100 | 8 | 5 | 2.00 |

| | | | | | | | |
|--------|------------------|--------|---------|-----|----|----------|------|
| | 5 | FUND | 200mF | 100 | 12 | 6 | 2.00 |
| | TRACK FLOOD (30) | | | | | | 1.00 |
| 3:03pm | 1 | JNR | 1500mSF | 111 | 7 | 7 | 1.00 |
| | 2 | YouthM | 1500mSF | 100 | 7 | 7 | 1.00 |
| | 3 | YouthF | 1500mSF | 100 | 7 | 7 | 1.00 |
| | 4 | L2T | 1500mSF | 100 | 8 | 8 | 1.00 |
| | 5 | FUND | 800mF | 100 | 12 | 7 | 2.00 |

3:40pm Mats
off

distances (m)

| |
|-------------------|
| 400, 200, 800SF |
| 400, 200, 1500SF |
| 400, 800, 1500SF |
| 500, 1000, 1500SF |

| skaters per race | TIME/RACE | Duration | ime/ ractotal time | Start time | End Time |
|------------------|-------------|-------------|--------------------|-------------|-------------|
| 4,3 - 2+0 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:00:00 AM | 11:05:00 AM |
| 4,3 - 2+1 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:05:00 AM | 11:10:00 AM |
| 4,3 - 2+1 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:10:00 AM | 11:15:00 AM |
| 4,4 - 2+1 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:15:00 AM | 11:20:00 AM |
| 6,6 - 3+0 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:20:00 AM | 11:25:00 AM |
| | 12:30:00 AM | 12:30:00 AM | 30:00 30:00 | 11:25:00 AM | 11:55:00 AM |
| 4,3 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 11:55:00 AM | 12:00:00 PM |
| 5,2 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 12:00:00 PM | 12:05:00 PM |
| 5,2 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 12:05:00 PM | 12:10:00 PM |
| 5,3 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 12:10:00 PM | 12:15:00 PM |
| 6,6 | 12:02:30 AM | 12:05:00 AM | 02:30 05:00 | 12:15:00 PM | 12:20:00 PM |
| | 12:45:00 AM | 12:45:00 AM | 45:00 45:00 | 12:20:00 PM | 1:05:00 PM |
| 4,3 - 2+1 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 1:05:00 PM | 1:12:00 PM |
| 4,3 - 2+2 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 1:12:00 PM | 1:19:00 PM |
| 4,3 - 2+2 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 1:19:00 PM | 1:26:00 PM |
| 4,4 - 2+1 | 12:02:00 AM | 12:04:00 AM | 02:00 04:00 | 1:26:00 PM | 1:30:00 PM |
| 6,6 - 3+0 | 12:02:00 AM | 12:04:00 AM | 02:00 04:00 | 1:30:00 PM | 1:34:00 PM |
| | 12:30:00 AM | 12:30:00 AM | 30:00 30:00 | 1:34:00 PM | 2:04:00 PM |
| 5,2 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 2:04:00 PM | 2:11:00 PM |
| 6,1 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 2:11:00 PM | 2:18:00 PM |
| 6,1 | 12:03:30 AM | 12:07:00 AM | 03:30 07:00 | 2:18:00 PM | 2:25:00 PM |
| 5,3 | 12:02:00 AM | 12:04:00 AM | 02:00 04:00 | 2:25:00 PM | 2:29:00 PM |

| | | | | | | |
|-----|-------------|-------------|-------|-------|------------|------------|
| 6,6 | 12:02:00 AM | 12:04:00 AM | 02:00 | 04:00 | 2:29:00 PM | 2:33:00 PM |
| | 12:30:00 AM | 12:30:00 AM | 30:00 | 30:00 | 2:33:00 PM | 3:03:00 PM |
| 7 | 12:04:30 AM | 12:04:30 AM | 04:30 | 04:30 | 3:03:00 PM | 3:07:30 PM |
| 7 | 12:04:30 AM | 12:04:30 AM | 04:30 | 04:30 | 3:07:30 PM | 3:12:00 PM |
| 7 | 12:04:30 AM | 12:04:30 AM | 04:30 | 04:30 | 3:12:00 PM | 3:16:30 PM |
| 8 | 12:05:00 AM | 12:05:00 AM | 05:00 | 05:00 | 3:16:30 PM | 3:21:30 PM |
| 7,5 | 12:05:00 AM | 12:10:00 AM | 05:00 | 10:00 | 3:21:30 PM | 3:31:30 PM |