

MB Cup3

Saturday Jan. 7, 2023

Warm-up Time

group	# skaters	Track		
1	10	OS	8:30	Flood for warm up
2	12	MS & OS	9:30	Warm up for groups 1, 2
3	6	MS & OS	9:45	Warm up for groups 3,4
4	13	MS	10:00	Flood for races

Time	event	Group	distance	TRACK	# SKATERS	# of races	Skaters on Line	Start time	End Time
10:30 AM		1	500 OS	OS	10	5.00	2	10:30:00 PM	10:42:30 PM
		2	500 OS	OS	12	6.00	2	10:42:30 PM	10:57:30 PM
		3	500 OS	OS	6	3.00	2	10:57:30 PM	11:06:30 PM
	change track (10 min)					1.00		11:06:30 PM	11:16:30 PM
		4	100 MS	MS	13	2.00	7,6	11:16:30 PM	11:21:30 PM
	Break (30)					1.00		11:21:30 PM	11:51:30 PM
11:52 AM		2	300 MS	MS	12	2.00	6,6	11:51:30 PM	11:56:30 PM
		3	300 MS	MS	6	1.00	6	11:56:30 PM	11:59:00 PM
		4	300 MS	MS	13	2.00	7,6	11:59:00 PM	12:04:00 AM
	TRACK FLOOD / lunch (45)					1.00		12:04:00 AM	12:49:00 AM
12:49 PM		1	1500 OS	OS	10	5.00	2	12:49:00 AM	1:09:00 AM
	change track (10 min)					1.00		1:09:00 AM	1:19:00 AM
		2	7 lap MS	MS	12	2.00	12	1:19:00 AM	1:39:00 AM
		3	500 MS	MS	6	1.00	6	1:39:00 AM	1:42:00 AM
		4	500 MS	MS	13	2.00	7,6	1:42:00 AM	1:48:00 AM
1:48 PM	End of Day								