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# Welcome back!

**We're so excited for another year. Welcome to all our returning members and welcome to new faces!**

It's going to be another amazing year of speed skating in Manitoba. We're pumped to welcome two new clubs to the roster, providing more skating opportunities throughout the province with [Central Speed Skating](#) and Shilo Speed Skating. Stay tuned for more info on these clubs!

We're launching a new event - the Western Canadian Outdoor Classic, presented by our incredible sponsor Hilton Winnipeg Airport Suites, and looking forward to annual events like Skate the Oval along with our competitions and camps. Let's do this!

Want to volunteer for an event? Check out all [volunteer opportunities](#) on our website.

Need to contact us?

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Reece: [coach@speedskatingmb.com](mailto:coach@speedskatingmb.com)

**New store, new you!**

**NEW STORES**



SHOP NOW

## Improve your skills at camp

**\*Happening Soon!\*** SSM Short Track Camp presented by the Hilton Winnipeg Airport Suites

9 AM - 5 PM on October 14, 2023 at Stride Place, Portage la Prairie

[Register](#)

**SSM Long Track Camp presented by the Hilton Winnipeg Airport Suites**

10 AM - 4 PM on December 27, 28, and 29 at Cindy Klassen Recreation Complex, Winnipeg

[Register](#)

## Welcome Coach Reece!





In case you missed it, our new Provincial Coach and Program Administrator is Reece Williamson Derraugh.

Reece has worked with Speed Skating Canada for the past 12 years as the Long Track National Team Equipment Technician. After 16 years in Calgary, we're overjoyed to have him home in Manitoba! ☐ ☐

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## Sign up early for events to save money with the Early Bird discount!

### **MB Cup 1 presented by the Hilton Winnipeg Airport Suites**

12:30 PM - 6:30 PM on October 21, 2023 at Stride Place, Portage la Prairie

[Register](#)

### **Prairie Challenge presented by the Hilton Winnipeg Airport Suites**

9 AM - 6 PM on November 18, 2023 at Stride Place, Portage la Prairie

[Register](#)

### **John Rose/AM Cup event in Roseville, Minnesota**

December 7 - 10 at Roseville, MB, USA

[SSM sponsored bus: Claim Bus Seat NOW](#)

*\*\*This ticket will reserve you a seat on the SSM bus to AM Cup and John Rose Open in Roseville, MN. We are limiting the seat reservations to one parent/guardian per family and skaters only in effort to get the most skaters possible. On November 8th we will open up the remaining*

only in order to get the most skaters possible. On November 6th we will open up the remaining tickets to additional family members. Event registration to follow. Limited seats available\*\*

### **Silver Skates presented by the Hilton Winnipeg Airport Suites**

9 AM - 4 PM on January 6, 2024 at Cindy Klassen Recreation Complex, Winnipeg

[Register](#)

### **Western Canadian Outdoor Classic presented by the Hilton Winnipeg Airport Suites**

This is the first event of its kind and will be hosted in collaboration with Speed Skating Sask, Speed Skating Alberta, and Speed Skating BC. It'll be open to members across Canada and the United States. Midway Club from Minnesota are planning to attend.

**\* Will also be Manitoba Long Track Provincials \***

9 AM - 4 PM on January 13 and 14, 2024 at Cindy Klassen Recreation Complex, Winnipeg

Banquet: to be held on January 13

Registration coming soon

### **Manitoba Short Track Provincials presented by the Hilton Winnipeg Airport Suites**

9 AM - 5 PM on March 3, 2024 at Niverville Arena, Niverville

[Register](#)

### **MB Cup 2 presented by the Hilton Winnipeg Airport Suites**

12:30 PM - 6:30 PM on March 16, 2024 at Stride Place, Portage la Prairie

[Register](#)



## **Thanks Coach!**

September 16 to 24 is National Coaches Week! We want to thank our coaches for their dedication to the sport of speed skating, making it a safe and fun environment for all.

Coaching clinics are FREE during National Coaches Week, so make sure to take advantage of any courses you want to take.

### **Virtual Fundamentals Coaching Clinic**



Date: September 30 and October 1, 2023

Location: Virtual - Link to Follow

[Register here for FREE](#)

*An 8-module coaching course in an online format. This is for individuals who want to be a head coach for Learn to Speed Skate and introductory speed skating programs. Learn the foundational knowledge and understanding of speed skating technique, equipment, and practice planning to effectively teach introductory speed skating programs focused on skill development.*

### **In-person Officiating and Volunteering 101**

Date: October 14, 2023

Location: Portage la Prairie, Stride Place

[Register here: FREE](#)

*Opportunity for hands on experience in different volunteer and officials roles.*

### **Virtual Intro to Competition Coaching Clinic**

Date: November 25 and 26

Location: Virtual - Link to Follow

[Register here for FREE](#)

*A 10-module coaching course delivered in an online format. Learn the necessary tools to support athletes in training and competition in the Learning to Train and Training to Train stages of development. Topics include: introduction to biomechanics and basic race tactics, basic seasonal training programs, designing practice plans and further exploration of mental skills development, sport nutrition and equipment.*

### **Virtual Level 1 Officials Clinic**

Date: October 28, 2023

Location: Virtual - Link to Follow

[Register here for FREE](#)

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## **Welcome to new sponsors!**

The Hilton Winnipeg Airport Suites has signed on as our Presenting Sponsor this year. We loved working with them to host our SSM Congress a few months ago. And welcome to Dowse Ventures, our new Season Sponsor! Welcome to the party!



## We love our sponsors

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